

# **WORLD KANREIKAI KARATE FAMILY BEACH TRAINING 2024 OKA NATIONAL PARK, QC**

Osu!

To all **World Kanreikai Karate members, students and families:**

You are invited to take part in an action-packed Beach Training session on **Sunday, August 4, 2024**, at Oka National Park (a 45-minute drive from Montreal West Island).

## **Schedule:**

- Arrival at **8:45am**
- Training from 9:15 to 10:30am
- Swimming (after training session)
- Family Picnic – Tables available under the trees
- Canoe & Paddleboat rental available

## **Entry Fees at Oka National Park – for the day:**

- Parking: \$11.05 by car (including taxes)
- Adult: \$9.85 (including taxes)
- Child 0-17: Free

Don't forget to **wear your swimsuit under your karate uniform!**

Get [directions to Oka National Park](#).

According to the park website, it is highly recommended to purchase your parking ticket ahead of your visit. The parking ticket can be purchased up to 30 days ahead of the event:

<https://www.sepaq.com/en/reservation/purchase/parking-beach-oka>

For additional information about the park, please visit:

[https://www.sepaq.com/pq/oka/tarifs.dot?language\\_id=1](https://www.sepaq.com/pq/oka/tarifs.dot?language_id=1)

Osu!

World Kanreikai Karate Organization